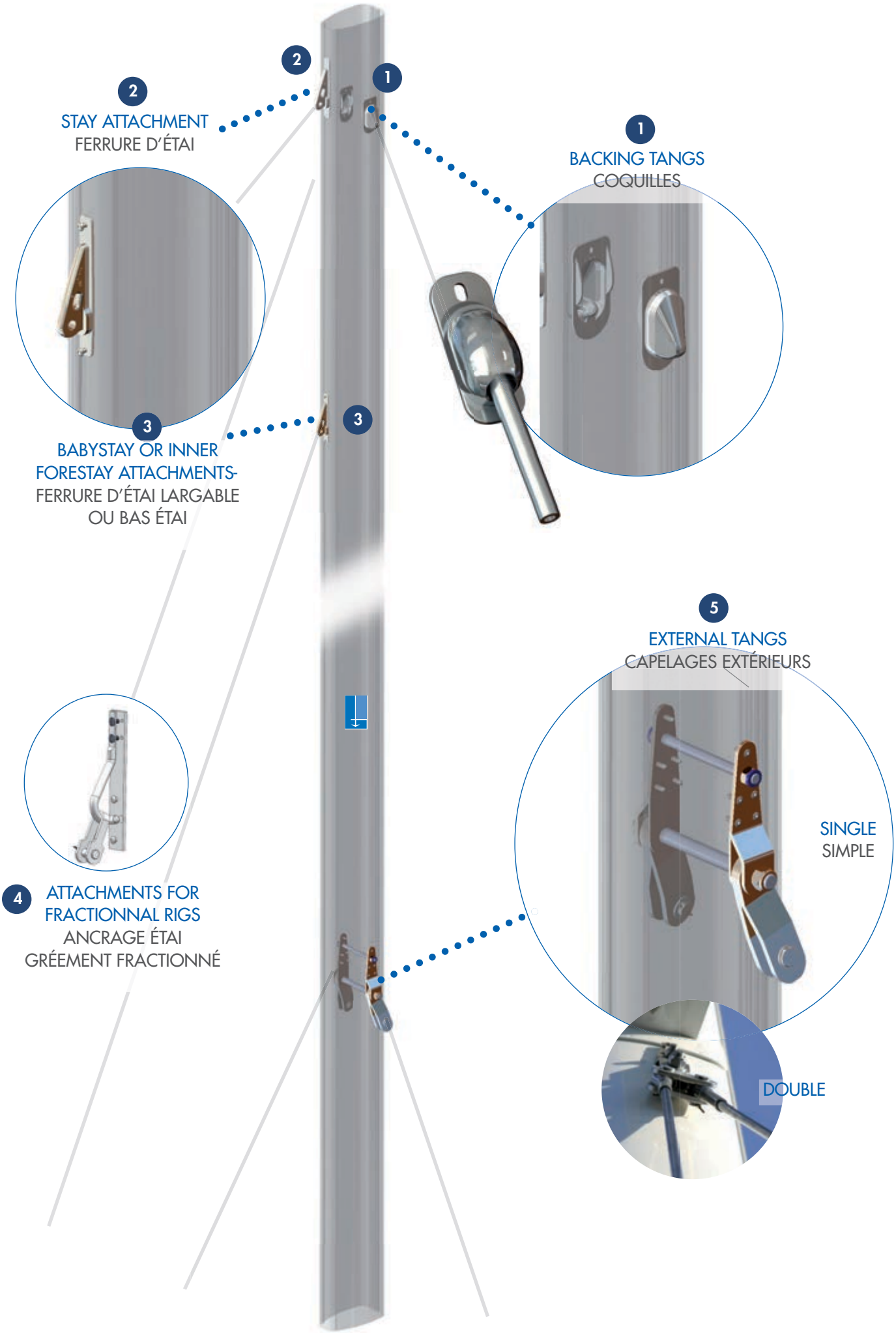ANCRAGES INTERNES & EXTERNES - INTERNAL & EXTERNAL TANGS